

Australasian Institute
of Applied Studies P/L

AYURVEDA COURSE PROSPECTUS 2017

41 Gillies Ave,
Newmarket. Auckland, 1023
Ph: (09) 522 5392
Email: admin@aiasinstitute.co.nz



Learn with Intention. Serve with Dedication.

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DIRECTOR'S MESSAGE

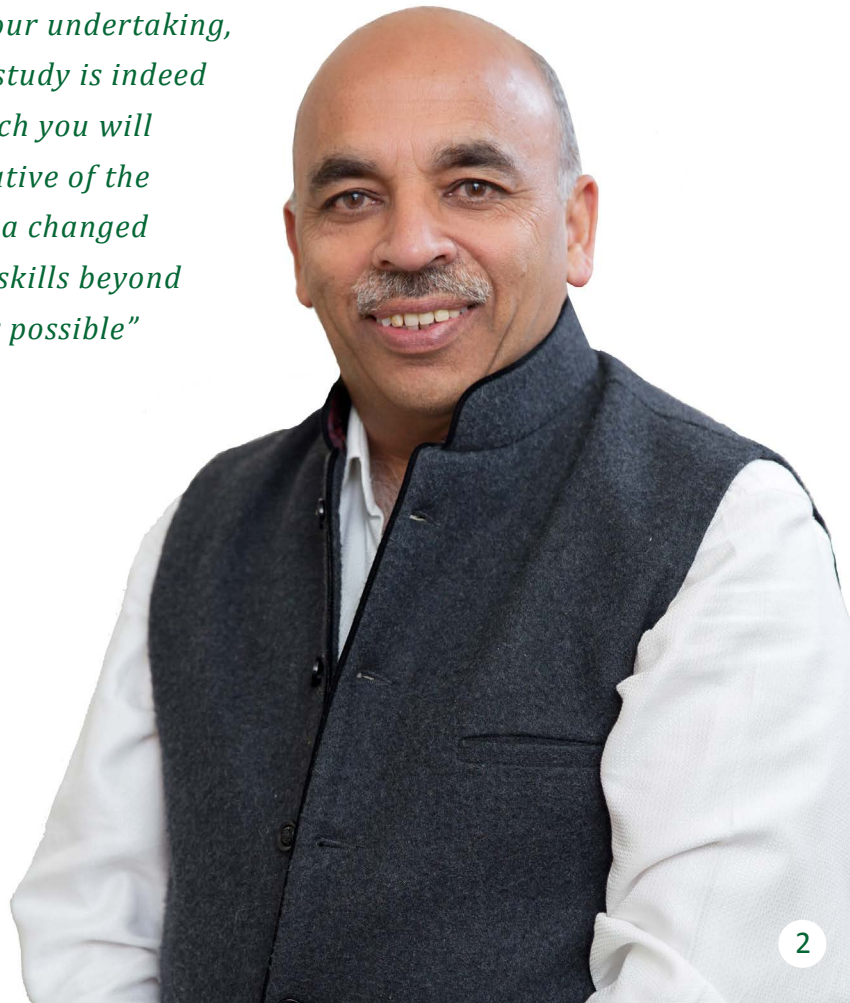
"Choosing the right destination for study is your first and most important decision. You need to trust that the Institution through which you intend studying will provide you with the knowledge, skills and personal qualities and abilities that are necessary to achieve your goals.

This knowledge has to be consistent with both the traditional subjects, methods and objectives of Ayurveda and the requirements of the New Zealand Qualifications Authority's nationally recognized qualifications in Ayurveda so that you receive a qualification allowing you to practice Ayurveda professionally.

The Australasian Institute of Applied Studies is aware of this responsibility and seeks to honour the trust displayed by its students. Our goal is to support every student so they can reach their full potential and to provide an environment where strong ethics are promoted and self-confidence, responsibility and positive relationships are all encouraged.

As a prospective student, I sincerely hope that you will enjoy browsing through the various facilities which have been created here and hope that you find us worthy of your trust.

I wish you success in your undertaking, because this course of study is indeed a journey, through which you will emerge as a representative of the science of Ayurveda as a changed person, equipped with skills beyond what you now consider possible"



MISSION STATEMENT

The principle purpose of the Australasian Institute of Applied Studies is to provide education and training to the Vocational Educational Sector.

The Institute's vision and goal is to ensure that its clients receive the most effective and efficient delivery of our training and assessment products.

We will do this by continually reviewing our systems and processes to enable our clients to pursue their full potential.

The Institute's graduates will emerge as valuable members of the community, benefitting especially those suffering ill health. Through the unique vision of Ayurveda and its therapeutic strategies, diet, herbal medicines and lifestyle education, people will discover better health and more productive and purposeful lives.

The Institute is recognized and praised by both students and graduates as providing exceptional quality training in Ayurveda.

“
A former teacher, (medical doctor) who studied Ayurveda in India said that this is the premier course in Australasia
”
- Anna, Student

“
I have just returned from India and, having dealt with Vaidyas/Doctors and Organisations in India, has only made me appreciate more and more what Dr Ajit offers and has achieved
”
- Adam, AIAS Graduate





WHAT IS AYURVEDA?

Evolving over the last 5 millennia on the soil of India, Ayurveda is a natural and universal health science. Although Ayurveda hails from a distant land, the knowledge is universal, applicable to all human beings no matter their individual background, ethnicity or the times in which they live, because it is based on the immutable laws of Nature.

Ayurveda recognises that all living beings are intimately connected to Nature. All living beings respond and are affected by their environment in predictable ways. The knowledge that Ayurveda provides is an understanding of oneself and how the qualities in nature impact on living beings, whether positively or negatively. This understanding provides relevance with respect to human health and illness.

The study of Ayurveda is a fascinating, enriching and rewarding engagement, one worthy of deep consideration and respect. Most students comment that, after studying Ayurveda, they don't know what their lives would be like without it. Could Ayurveda be the missing link, the health model that offers key insights into how to live in the world and experience positive vibrant health and purpose? We, at the Institute, believe so.

As a complementary medicine Ayurveda focuses on how we can achieve good health by maintaining a state of balance and provides a range of clinical methods to diagnose and treat disease. This is achieved by a profound understanding of how our lifestyle, dietary choices, our thoughts and behaviours and even the seasons can impact on our bodies and create imbalances that impact on our health. Ayurveda also provides a unique range of remedial methods ranging from massage therapies, herbal treatments, ayurvedic counselling, cooking and ayurvedic meditation to improve health by returning the body to balance.

Ayurveda, with its holistic focus on health, is the world's fastest growing complementary health science. It is now practiced outside of its home in India, in countries as far afield as Holland, Russia, USA, Japan and Australia. The study of Ayurveda holds great appeal for those interested in health studies because it expands the range of health assessment instruments and fills the gaps in therapeutic treatments available in our current health care system.

Until recently, the only study option for students of Ayurveda was the Bachelor of Ayurvedic Medicine & Surgery (BAMS), a six-year degree course only available in India. However, the Institute is pleased to offer a nationally recognised qualification for those interested in a career as an Ayurvedic Lifestyle Consultant.

“

Dr Ajit has taken me to a depth in my Ayurvedic learning that I thought was phenomenal and inspired a lot of confidence in me being able to put what I learnt into practice. It certainly was a lot more than I experienced in my previous encounter with Ayurveda (with another Ayurveda school).”

- Maya. (Ayurveda Lifestyle Consultant)

WHO MIGHT BE INTERESTED TO STUDY AYURVEDA?

People from all backgrounds, ages and cultures are drawn to Ayurveda.

- Medical practitioners and nurses;
- Naturopaths, Herbalists, Massage Practitioners, Chiropractors and Physiotherapists;
- Yoga teachers;
- People looking for a career change and a meaningful vocation;
- School leavers interested in alternative medicine who wish to take advantage of the growth in the complementary health sector; and
- Anyone interested in Ayurveda, health and alternative medicine



At the Institute, our recent intakes have included Naturopaths, Yoga Teachers, Medical practitioners, Scientists, School Teachers, Graphic Designers, Engineers, Aged Care workers, Chefs, Mechanics, Corporate Executives, Musicians, Lawyers, Receptionists, Beauty Therapists, Surfing Instructors and busy Mums.



“
I have previously studied Certificate IV with another Organisation. After the course, I was left feeling ‘with little skill’ – both practically and in theory and to even think about putting into practice what I was taught would have just been impossible – and unfair to any client. I have been nothing but impressed and happy with my decision to re-do the entire Certificate IV Ayurveda course with A.I.A.S. The course content is huge and taught in a professional Ayurvedic manner... trust only in a well trained Ayurvedic Doctor who teaches with grace.”

- Scott (Ayurveda Lifestyle Consultant)

AUSTRALASIAN INSTITUTE OF APPLIED STUDIES

The Australasian Institute of Applied Studies was founded in 1998 in Auckland, to meet the demand of students wishing to study Ayurveda, the complementary health science of India. In 1999, under the guidance of the Principal, Dr. S. Ajit, (B.A.M.S., P.C.A.S.), the Institute recognized the need to establish a quality assurance model of service delivery by becoming a Private Training Establishment (P.T.E), delivering a nationally recognized qualification in Ayurveda under the New Zealand Qualifications Authority (N.Z.Q.A.).

The Institute is listed as a Category II institution with the New Zealand Qualifications Authority (NZQA). Based on its last External Evaluation and Review (EER) in July 2016, NZQA has rated the Institute as Confident in educational performance and Confident in capability in self-assessment.



WHY CHOOSE THE AUSTRALASIAN INSTITUTE OF APPLIED SCIENCES ?

- You will study a program designed, guided and assessed by an accredited Ayurvedic Physician, (Dr S. Ajit), who has worked for the Government of India for 20 years and practiced clinical Ayurveda for 38 years;
- You will study authentic Ayurveda in its totality as a holistic science with the requisite theoretical and practical skills;
- You will learn how to apply the principles to your own life with the opportunity to improve and transform your own personal life and then be able to share the practice with your clients;
- You will receive mentorship from Dr Ajit (B.A.M.S, P.C.A.S) who has been a powerful force in guiding the development of Ayurveda in Australasia, and who knows clearly what has to be taught to this new generation of Ayurveda Practitioners outside of India;
- The Institute's flexible delivery allows people to study Ayurveda from all over New Zealand; and
- The Institute's delivery programme offers maximum hours in both theory and practical subjects and both online and face-to-face training.

The Institute welcomes students of all ages and backgrounds. All students have the opportunity to be brought up to 'par' regardless of their background or lack of experience in health Sciences.

FACULTY STAFF

Dr. S. Ajit (BAMS, PCAS)

Dr. Ajit (B.A.M.S., P.C.A.S.) is an 'Ayurvedacharya', a graduate of the Government Ayurvedic Medical College, University of Patiala, in North India.

In India, Dr. Ajit worked in general practice and as a 'Panchakarma' Specialist, was a lecturer at several Ayurveda Colleges and was also a permanent employee of the Government of India as an Ayurvedic Medical Officer for over 20 years. In 1996, Dr. Ajit re-located to New Zealand with a dream to teach and spread authentic Ayurveda in the western world. He is now director of the Planet Ayurveda group involved in:

- A Wellness and Spa Centre in Auckland, where Ayurvedic wellness packages, consultations and Panchakarma programs are offered under his guidance.
- The Australasian Institute of Ayurvedic Studies (A.I.A.S.)
- Ayurda, an Ayurvedic professional beauty care range developed by Dr. Ajit and Rippan Sandhu
- Vaidya, an Ayurvedic clinical diagnosis software program for students and practitioners.

Dr. Ajit is the most experienced Ayurvedic Clinician in Australasia and a leader in the field of Ayurveda outside of India, where he has campaigned tirelessly in an effort to create high standards in the learning of Ayurveda.

ACHIEVEMENTS

Dr. Ajit has been instrumental in raising the profile of Ayurveda in Australasia, not only through his teaching and practice, but also delivering papers at conferences in the United States, India, Germany, Malaysia and Australia as well as his media work and meetings with Government officials.

He is currently CEO of the International Council of Ayurvedic Medicine Inc., an organization established to standardize and streamline the educational, teaching and regulatory standards for Ayurvedic practice in the world outside of India.

Dr. Ajit was also founding Patron of the Australasian Ayurvedic Practitioners Association (AAPA) and past and founding president of Australasian Ayurvedic Practitioners Association (New Zealand), both professional bodies for Ayurvedic Practitioners.

His efforts have been recognised with a number of awards, including the Mahatma Gandhi Pravasi Samman from the NRI Welfare Society of India and a Lifetime Achievement Award from the New Zealand Charter of Health Practitioners.



ACADEMIC PROGRAMME

New Zealand Diploma in Ayurvedic Health Management (Level 5)

Course Overview

Students of the New Zealand Diploma in Ayurvedic Health Management (Level 5) receive entry level training in Ayurveda to assess the health status of a client and provide simple but very effective health management strategies to assist them toward a state of balance.

Students will study the philosophy, practical assessment and therapeutic methods of Ayurveda. They will learn how to assess the constitutional body type (Prakruti), psychological profile and current health status (Vikruti) of an individual according to traditional Ayurvedic medicine.

Students will also be trained to provide therapeutic regimes to restore balance to their clients through the use of herbs, meditation, nutrition, lifestyle counselling, daily and seasonal routines, Ayurvedic therapeutic massage, Shirodhara and Kati Basti therapies and Ayurvedic cooking.

The course is suitable for both existing health professionals and newcomers to the health sciences. Health professionals will find an abundance of holistic lifestyle advice and a health model to offer within the modern integrative approach to medicine. Natural therapists will learn new methods of health assessment and very effective therapies (with centuries of clinical practice behind them) to give them the cutting edge in their practice.

Spa therapists who complete this course will experience much greater personal and professional rewards than can be gained by attending a weekend course in Shirodhara therapy or Massage. They will gain an understanding of how diet and lifestyle impact on the body and the role health plays in maintaining physical beauty.

Complete new comers to the field of health studies will learn a profound path to personal growth and the skills necessary to deliver Ayurveda to others, a career that itself provides inspiration and satisfaction

Career Opportunities

Graduates can practice as an Ayurvedic Lifestyle Consultant and can find employment in the Health, Spa, Yoga and Tourism Industries. They can operate their own clinical practice or work in existing multi-modality Health Centres. They can also work in the beauty industry where Ayurvedic treatments such as Massage and Shirodhara are now being incorporated.

Once qualified, graduates have the opportunity for further training through the New Zealand Diploma in Ayurvedic Health Management (Level 6)

Course Structure

Qualification Type	Diploma
Level	5
Credits	120
Duration	Full Time: 1 year or Flexible Delivery – 18 months

Entry criteria - New Zealand students must...

- be 17 years of age or over;
- have achieved NCEA (Level 2);
- demonstrate a commitment to studying Ayurveda as evidenced by the writing of a personal statement and by two confidential referee's statements.

Entry criteria - International Students must...

- be 18 years of age or over;
- have completed a minimum of four years secondary schooling;
- Hold a valid visa and travel and medical insurance;
- Hold a clear police check (entry to the programme will be provisional on the outcome of police check);
- demonstrate a commitment to studying Ayurveda as evidenced by the writing of a personal statement and by two confidential referee's statements;
- Where English is not the first language, provide IELTS certificate (Level 6.0 Academic, with no band lower than 5) as evidence of English language competency.

“
I have enjoyed the Ayurvedic massage class. It's really beautiful and so beneficial for our health. I have felt that in class, I was in a family where all are treated as family members. It was a really wonderful environment.”
Thanks for your effort and support.

- Manju
(Ayurveda Lifestyle Consultant)



DELIVERY PROGRAMME

Learning Outcome		Credit	Brief Description
Demonstrate ayurvedic principles as the foundation of professional practice and promote these to clients and the wider community. Credits 20	Introduction	5	This module provides knowledge of Ayurveda's origin and its philosophies. It introduces body, mind and soul consideration in achieving perfect balance and an understanding of the ancient principles that awaken cellular intelligence.
	Ayurvedic Anatomy & Physiology 1	5	This introduces the student to Ayurvedic Anatomy and Physiology and will provide students with knowledge of how Tridosha works in our body and the assessment of Prakriti (body type).
	Ayurvedic Anatomy & Physiology 2	5	This module provides students with more detail and a greater understanding of the body's structure and the nature of Prakriti (balance) and Vikriti (imbalance).
	Ayurvedic Anatomy & Physiology 3	5	This module provides student with a knowledge of Ayurvedic physiology and personal hygiene, the Srotas (13 channels) and their role in health and disease.
Apply ayurvedic health and nutritional principles to assess a range of clients' health concerns. Credits 30	Ayurvedic Nutrition	10	This module introduces the student to Ayurvedic nutrition principles including the classification of foods according to the five elements and six tastes, specific foods and their effects on the Tridosha.
	Ayurvedic Herbology	8	This module introduces Ayurvedic Herbology and will provide a basic knowledge of the healing properties of fifteen (15) kitchen herbs and the skills necessary to prepare basic healing formulations from them.
	Ayurvedic Materia Medica	7	This module will provide a basic knowledge of healing properties of over 30 Ayurvedic herbs and some of the traditional ayurvedic preparations that use them in their formulation.
	Ayurvedic Practical Cooking	5	This module provides students with the knowledge and practical skills to prepare over twenty-five (25) vegetarian meals, using kitchen herbs and traditional forms of preparation.
Apply ayurvedic therapeutic principles to create healthcare strategies for clients. Credits 30	Women & Childcare	5	This provides skills in applying Ayurvedic principles for women over the course of their lives, conscious conception, post-partum health, improved parenting and rituals for new born babies.
	Ayurvedic Psychology & Counselling	5	This module provides knowledge of Ayurvedic psychology and spirituality and the non-physical aspects of the body that play a role in mental disorders and the development of consciousness. This module also provides a basis for Ayurvedic counselling techniques
	Pulse Diagnosis	6	This module includes the principles and qualities of pulse examination determining Prakriti and Vikriti in pulse and the seven levels of pulse.
	Clinical Diagnosis	6	This module provides knowledge of Ayurvedic clinical assessment, diagnostic techniques and the skills required for client assessment.
	Pathology	8	This module provides the understanding of common disorders according to Ayurvedic Principles. This module provides knowledge to identify the correct herbs for each ailment and to structure the formulations for each ailment.
Provide ayurvedic bodywork therapies to support client's health. Credits 30	Ayurvedic Massage	10	This module introduces the student to Ayurvedic Massage, including the theory, principles and sequences to identify Marma points and determine the appropriate strokes.
	Ayurvedic Musculo-skeletal treatments	10	This module includes a proven Ayurvedic programme for acute and chronic musculoskeletal problems such as lower and upper back pains, arthritis, ankylospondylitis sciatica, slipped disk and other injuries.
	Shirodhara	10	The module will provide students with the necessary knowledge and skills to apply this ancient treatment for mental stress, to balance the charkas and treat depression and emotional disorders with extensive practical training.
Apply administrative skills within a healthcare clinic. Credits 10	Manage a practice	3	This module will equip students operate and manage a clinical practice by following and incorporating clinical practice procedures and maintaining professional relationships with other health practitioners and associations.
	Comply with WHS regulations	3	This module will show students how to comply with relevant WHS legislation and codes of practice in a clinical setting.
	Manage control of infection	3	This module describes the skills and knowledge required for workers to comply with infection control policies and procedures.
	Apply First Aid	1	This unit of competency describes the skills and knowledge required to provide first aid response, life support until the arrival of medical or other assistance

DELIVERY STRUCTURE

Full Time (One Year)

Full-time study consists of 20 hours of lecture time per week, with additional hours set aside for self-directed study. This timetable provides a regular mixture of theoretical and practical training for the student. It is ideal for students who want to immerse themselves in study or are more motivated in a classroom setting.

Flexible Delivery (18 months)

Flexible Delivery in an interactive delivery model that is sensitive to the needs of modern students. The Institute recognises that many people struggle to balance their academic, personal and professional lives so delivers its academic programme through a combination of web based seminars and practical training workshops.



Rather than having to attend all theory classes in person, teachers and students communicate at times of their own choosing by exchanging printed and electronic media or through a virtual classroom that allows them to communicate in real time.

The programme is offered in the following format, which includes a minimum of 200 hours of clinical work:

- Twice weekly 'live' webinars
- Five weekend on campus seminars
- Two, seven day on campus practical training workshops
- Weekly online delivery

Webinars

Through the Internet, online webinars create a virtual classroom on your computer. Even though you are in the comfort of your own home, you can enjoy the benefits of interaction with your teacher and fellow students.

You can see Dr. Ajit and listen to him demonstrate and lecture while you underline your class notes and participate in class discussion, just as you would in any classroom setting.

You will require a computer with internet access and an appropriate internet plan to facilitate online video streaming (check with your internet provider).

Weekend Seminars

Your lecturer, Dr. Ajit will personally lead weekend seminars of intensive teaching at our Auckland Campus, (41 Gillies Ave, Newmarket) to delivery and assess the practical components of the qualification.

These weekends are a compulsory and vital component of the course where you are able to discuss different aspects of the subject with Dr Ajit and also other students. During these weekends there will often be a practical component where you will learn certain knowledge and hands on skills that are important to learning.

Because of the way the programme builds on the knowledge taught over these weekends, you must attend each of these weekend seminars.

Missing one of these weekends will mean you will not be able to complete the qualification in your current enrolment. In such cases, you would need to withdraw from your course of study and seek re-enrolment in a later programme. In such cases, you would be eligible for a "Transfer of Credit" for any units completed prior to your withdrawal.

For this reason, the Institute recommends students plan carefully before committing to study to ensure they can complete their qualification in the required timeframe.

NB: Cost of air travel, lodging and meals for the practical training workshops at our Auckland campus are not included in the course costs.



COURSE COSTS

	Domestic Students (with scholarship)	Domestic Students	International Students
Tuition Fees & Course Materials	\$12,000	\$6,500	\$12,000
Total Cost	\$12,000	\$6,500	\$12,000

THE DHANWANTARI SCHOLARSHIP

The Dhanwantri Scholarship programme is an initiative of the Institute to assist domestic students with the payment of their tuition fees.

Scholarship applications are available to prospective students who have spoken with a course Co-ordinator (Ph: (09) 522 5392) and demonstrated sincerity and a passion for Ayurveda and an intention to commit to the whole training program.



ENROLMENT

What you will need...

- Scanned copy of completed “Statement of Purpose Form” (found in rear of prospectus)
- Scanned copy of completed “Referee’s Form” (found in rear of prospectus)
- Scanned copy of passport

Submit your enrolment online at: www.aiasinstitute.co.nz

PAYMENT OF FEES

If your application is accepted, you will receive an Offer of Place from the Institute and an invoice for your tuition fees. You are then required to accept this offer by paying this invoice.

The New Zealand Government requires all private training establishments registered with the New Zealand Qualifications Authority (NZQA), to have some form of protection for fees paid to them in advance. The Institute uses “Fee Protect,” a trust account managed by the Public Trust which ensures learners receive a refund of the fees (or portion of fees) paid to a provider if the provider is unable to complete the course, for example due to closure, insolvency or loss of NZQA accreditation.

An application to establish your Student Fee Trust Account, will be included as part of your orientation programme.

Any refunds will be in accordance with Institute’s Refund Policy.



REFUND POLICY

If the Institute cancels any particular course offering, learners are entitled to a full refund within five (5) working days from the date of the cancellation. If the Institute closes, (either voluntarily or through NZQA directive) learners are entitled to a refund of the fees held by the Public Trust within five (5) working days from the date of the closure.

Domestic Students

The learner may receive a full refund of their tuition fees, less an administrative charge of 10% or \$500.00 (whichever is the lesser), if they withdraw within 8 working days of the course commencement. No refunds are available from the 9th working day of the course commencement, except in exceptional circumstances, which shall be at the discretion of the Director.

All notifications of withdrawal must be in writing.

International Students

The learner may receive a full refund of their tuition fees, less an administrative charge of up to 25%, if they withdraw within 10 working days of the course commencement. No refunds are available from the 11th working day of the course commencement, except in exceptional circumstances, which shall be at the discretion of the Director. The administrative charge shall be a fair calculation of the costs incurred, which the student may appeal through the Institute's Appeal Policy and Procedure.

All notifications of withdrawal must be in writing.

No refunds will be made

- Where learners are asked to leave because of misconduct or poor attendance.
- Where learners return home for any reason other than serious illness or serious illness or death of a close member of the family.
- Where learners acquire permanent residency after having enrolled
- Where learners has provided false, inaccurate or misleading information.

Learners who wish to withdraw from the course after the refund period are able to request a deferment of their studies for up to fifteen (15) weeks.

In these circumstances, their fees, or unused portion of their fees will be held in the trust account until such time as the deferred studies recommence.

The Institute may apply an administrative charge of \$120.00 for processing applications for exceptional circumstances refunds and deferments.

All disputes on refunds shall be addressed by application of the Institute's Appeal Policy and Procedures.

General Information for International Students

Accident Insurance

The Accident Compensation Corporation provides accident insurance for all New Zealand citizens, residents and temporary visitors to New Zealand, but you may still be liable for all other medical and related costs.

Further information can be viewed on the ACC website at www.acc.co.nz

Accommodation

There is no student hostel accommodation available on campus. However, there are a range of accommodation options available in Auckland for international students:

- **Homestays:** Homestays are families who invite international students to stay in their homes. You can expect the homestay family to be an English-speaking family of good character. Normally you are provided with morning and evening meals from Monday to Friday and other meals by arrangement. The school has procedures for the selection and monitoring of homestay families including an on-site assessment of the suitability of the residential facilities.
- **Private Boarding Establishments:** This kind of accommodation provides full board, including all meals and sometimes extra services such as ironing.
- **Flats (apartments):** A flat may be part of a house or a whole house which is shared between two or more flat mates. Flatting or apartment accommodation is usually more expensive. Flats may cost between \$250-500 a week, depending on their quality, location or whether or not you are sharing. An initial bond will often be required. In addition to the rent you can expect to pay about NZ\$ 70.00 a week if you prepare your own food, \$40 a week for energy (heating, lighting, cooking, hot water) and \$20 a week for a telephone.

If requested, the Institute can assist international students obtain appropriate accommodation prior to their arrival in New Zealand.

Campus

The Institute is located at 41 Gillies Ave, Newmarket, a suburb of Auckland, New Zealand's largest city. Inhabited now by people from Europe, Asia and Pacific regions, Auckland is a multi-cultural city. It is a home of the largest Polynesian population of the world. With some of the best educational institutes of the world and great employment opportunity quite a large amount of people immigrate from all over the world to Auckland.

Auckland provides the best earning opportunity of all the cities of New Zealand. Greater Auckland, Southern parts of Auckland and Manukau City are the commercial hubs of Auckland.



Education (Pastoral Care for International Students) Code of Practice 2016

The Education (Pastoral Care for International Students) Code of Practice 2016 is a document that provides a framework for service delivery by educational providers and their agents to international students. The Code sets out the minimum standards of advice and care that are expected of educational providers with respect to international students. The Code applies to pastoral care and provision of information only, and not to academic standards.

You can download a copy of the Code from: <http://www.nzqa.govt.nz/assets/Providers-and-partners/Code-of-Practice/tertiary-guidelines-code-of-practice.pdf>

Counselling

Counselling Staff are available to talk to students by appointment. The Institute can also refer students to outside professional counselling assistance when required.

Health services

Most international students are not entitled to publicly funded health services while in New Zealand. If you receive medical treatment during your visit, you may be liable for the full costs of that treatment. Full details on entitlements to publicly-funded health services are available through the Ministry of Health, and can be viewed on their website at www.moh.govt.nz

Immigration

Full details of visa and permit requirements, advice on rights to employment in New Zealand while studying, and reporting requirements are available through the New Zealand Immigration Service, and can be viewed on their website at www.immigration.govt.nz

Local Laws

- **Alcohol and Tobacco:** New Zealand has strict laws for the use of alcohol. You must be aged 18 to buy alcohol or enter a bar where it is sold. There is a zero alcohol limit for drivers under the age of 20. The current blood alcohol limit for adult drivers is 0.08ml. There are heavy penalties for people who drink and drive.
Shop keepers must not sell tobacco to anyone under the age of 18.
Smoking is banned in most public buildings and in many private buildings, restaurants and hotel bars.
- **Traffic Laws:** In New Zealand all vehicles travel on the left side of the road. Before you drive in New Zealand you should study the Road Code to learn the rules of the road. If you have a driver licence from another country or an international driving permit, you may drive in New Zealand for up to one year. After that you must get a New Zealand licence.
For further details, contact the Land Transport Safety Authority: www.ltsa.govt.nz
- **Medical and travel insurance:** It is compulsory for all international students to have current and appropriate medical and travel insurance while they are living in New Zealand. This is in accordance with the Code of Practice for the Pastoral Care of International Students set out by the Ministry of Education.

AIAS strongly recommends that students are insured through a New Zealand based insurance company. Please be aware that if you do not provide a satisfactory insurance policy, AIAS reserves the right to require international students to take out a default policy prior to the start of your programme.

A vertical strip on the left side of the page features a close-up photograph of a green leaf, showing its veins and texture. The rest of the page has a solid light green background.

STATEMENT OF PURPOSE

Please write the statement of purpose carefully. This will help us to know your interest towards the course. Please note that your statements will be considered to offer you offer of place for the course.

Student name

What are your expectations of this course?

Do you have any prior understanding of this qualification?

Do you have any special expectations from the trainer?

Do you have any specific needs (eg. special equipment, particular type of chair), or medical conditions, that we need to provide or that we should know about?

Do you have any special learning needs (eg. dyslexia, comprehension, writing skills, and reading skills) that might make study difficult?

Please add any other comments.

REFEREES FORM

NB: Immediate family are not eligible to act as referees.

Applicant's Name _____

To the Referee...

The purpose of this report is to ask for your comments on the suitability of the applicant to undertake study with the Australasian Institute of Applied Studies. Please be frank and honest. This report remains confidential.

Referee's Name: _____

Referee's Address _____

Referee's Day Phone: _____ Mobile: _____

In what capacity do you know the applicant?

eg, personal or family friend, teacher, employer, colleague, church leader etc.

Please give details. _____

Tick one of the following:

- ☐ I consider I know the applicant well enough to complete this form.
- ☐ I do not consider I know the applicant well enough to complete this form.

What are the applicant's professional strengths?

(e.g. leadership, motivation, accountability, commitment etc.)

What are the applicant's personal strengths?

(e.g. maturity, initiative, reliability, social skills etc.)

What are the applicant's cultural and community skills?

In your opinion, does the applicant have the determination, stamina and academic ability to cope with the demands of this programme? (tick one) ☐ Yes ☐ No

Please comment if you wish.

Recommendation (tick one)

- ☐ Highly recommended ☐ Recommended
- ☐ Not recommended ☐ I would prefer to be contacted

Referee's Signature _____ Date _____